



EXAMINATIONS COUNCIL OF SWAZILAND

Junior Certificate Examination

CONSUMER SCIENCE PRACTICAL

540/03

Paper 3

September / October 2018

PRACTICAL TESTS

Planning Session : 1 $\frac{3}{4}$ hours

Practical Session : 2 $\frac{1}{2}$ hours

Read the instructions on page 2

This document consists of **3** printed pages and **1** blank page.

INSTRUCTIONS TO CANDIDATES

When you know which test is assigned to you, read it carefully.

Choose your dishes and with the help of your note books and cookery books do the following on the forms provided.

1. **(a)** Make sure you write your candidate **number** and **name** on all your answer sheets

 Write the number of the test on each sheet.

 (b) All sheets must be in **duplicate**.
 (Use carbon paper)
2. **(a)** On **Sheet 1** write down the **choice of work** and recipes of the dishes you have decided to prepare.

 (b) On **Sheet 2** write a **plan of work** to show the order in which you will carry out the practical.

 (c) On **Sheet 3** make a **shopping list** showing quantities of ingredients for the whole test.
3. **(a)** Hand in all papers to the invigilator, that is, the Question Paper, choice of work, order of work and shopping list.

 (b) You may **not** take away any paper and you may **not** bring fresh notes to the Practical Planning Examination.

TEST 1

- A. Using steaming as a method of cooking, prepare cook and serve a dish with suitable accompaniments to make an evening meal for an elderly couple. Serve with a nourishing drink.
- B. Prepare and bake scones using the rubbing in method
- C. Clean a plastic kitchen bin.

TEST 2

- A. Prepare, cook and serve a dish using a savoury sauce. Serve it with suitable accompaniments for **two** adults doing office work.
- B. Prepare a dessert to be served with the meal.
- C. Wash and finish a coloured school shirt.

TEST 3

- A. Using outdoor facilities, prepare cook and serve grilled meat of your choice. Serve with suitable accompaniments for a female teacher. Include a refreshing beverage.
- B. Using an oven, bake and serve a cake using the melting method.
- C. Clean a galvanized bucket.

TEST 4

- A. Prepare, cook and serve a dish using legumes. Serve it with suitable accompaniments for a visiting uncle. Include a stimulating drink.
- B. Prepare a **sweet** pastry dish.
- C. Launder and finish a woollen scarf.

TEST 5

- A. Using yeast, prepare bread rolls. Use them in a balanced packed meal for an adolescent boy. Serve with a suitable drink.
- B. Prepare and serve a fruit salad.
- C. Clean the baking sheet used for rolls.

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